

# Rod and Marg Car Camping/Hiking Ultimate List

## Sleeping

- ☐ Air mattress
- ☐ Camping blankets
- ☐ Pillows
- ☐ Sleeping bags

## Shelter & Camping

- ☐ Tent
- ☐ Quick Camp Gear
- ☐ Footprint/tarp
- ☐ Rope
- ☐ Camp chairs
- ☐ Shade (tarp/rope)
- ☐ Potty
- ☐ Toilet paper
- ☐ Small broom
- ☐ Clothes pins
- ☐ Citronella candle
- ☐ Duct tape
- ☐ Water filter
- ☐ Wet Bag

## Electronics & Lighting

- ☐ Lantern
- ☐ Flashlight
- ☐ Batteries
- ☐ Headlamps
- ☐ Phone Chargers
- ☐ Solar Charger
- ☐ Car Charger
- ☐ Smartphone
- ☐ Memory cards
- ☐ Kindle
- ☐ USB power packs

## Kitchen & Cooking

- ☐ Camp stove
- ☐ Fuel
- ☐ Firestarter
- ☐ Cook pots
- ☐ Cooking utensils
- ☐ Cutting board
- ☐ Knife
- ☐ Eating utensils
- ☐ Mugs

- ☐ Garbage bags
- ☐ Aluminum foil
- ☐ Ziplock bags
- ☐ Camp soap
- ☐ Bucket
- ☐ Dish towels
- ☐ Sponge
- ☐ Paper towels roll
- ☐ Can opener, bottle opener
- ☐ Cooler
- ☐ Tablecloth
- ☐ Water containers
- ☐ Aluminum foil
- ☐ Tea makin's
- ☐ Coffee solution

## Maybe

- ☐ Tupperware
- ☐ Folding Table

## Toolkit & Vehicle

- ☐ Bungee cord
- ☐ Duct tape
- ☐ Flat fix
- ☐ Tire repair
- ☐ Hatchet
- ☐ Multi-tool
- ☐ BFK
- ☐ Lighter
- ☐ Tire pump
- ☐ Tent repair tape
- ☐ Hammer
- ☐ Toolbox
- ☐ Gas cans filled
- ☐ Extra coolant

## Clothes (choose from)

- ☐ Rain gear
- ☐ Warm jacket
- ☐ Vest
- ☐ Fleece shirt/pants
- ☐ Bandanas
- ☐ Boots
- ☐ Socks
- ☐ Camp shoes
- ☐ Flip flops

- ☐ Gloves
- ☐ Hats
- ☐ Hiking pants/shorts
- ☐ Undies
- ☐ Long pants
- ☐ Long undies
- ☐ Short shirts
- ☐ Swimsuit
- ☐ Goggles
- ☐ Under armor

## First Aid

- ☐ Aspirin
- ☐ Bandages
- ☐ Benadryl
- ☐ Disinfectant towels
- ☐ Hand sanitizer
- ☐ Hydrocortisone
- ☐ Ibuprofen
- ☐ Lip balm
- ☐ Moleskin
- ☐ Insect repellent
- ☐ Roloids
- ☐ Sunblock
- ☐ 100% Aloe vera gel
- ☐ Calamine lotion

## Toiletries & Personal

- ☐ Personal meds
- ☐ Fingernail clippers
- ☐ Glasses
- ☐ Shoe inserts & foot help
- ☐ Sunglasses
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Deodorant
- ☐ Towels
- ☐ Washcloths
- ☐ Wet wipes
- ☐ Biodegradable soap/shampoo

## Navigation

- ☐ Guide books
- ☐ Maps

- ☐ Maps on phone
- ☐ Road atlas
- ☐ Alltrails maps to phone

## Hiking & Adventure (In the daypack)

- ☐ Day packs
- ☐ First aid kit
- ☐ Binoculars
- ☐ Fishing gear
- ☐ Fishing license
- ☐ Trekking poles
- ☐ Water bottles
- ☐ Headlamps
- ☐ Insect repellent
- ☐ Lip balm
- ☐ Iodine tabs
- ☐ Sunblock
- ☐ Tape
- ☐ Whistle
- ☐ Hand sanitizer
- ☐ Trowel & TP
- ☐ Cell phone
- ☐ Camera
- ☐ Jacket/extra clothes
- ☐ Sunglasses
- ☐ Pliers
- ☐ Map
- ☐ Compass

## Other

- ☐ Leave itinerary with kids
- ☐ Books
- ☐ Camera
- ☐ Campground info
- ☐ Journal
- ☐ Pen & paper
- ☐ Stop paper
- ☐ Stop mail
- ☐ Playing cards

## Suggested Food List

### Breakfast

- ☐ Raisin bran
- ☐ Oranges
- ☐ Prunes
- ☐ Tea
- ☐ Coffee
- ☐ Lemon
- ☐ Almond milk
- ☐
- ☐

### Lunch

- ☐ Cheese
- ☐ Jerky
- ☐ Crackers
- ☐ Summer  
sausage
- ☐ Nutrition bars
- ☐ Apples
- ☐
- ☐

### Dinner

- ☐ Tuna
- ☐ Mac 'n' Cheese
- ☐ Potato mix
- ☐ Noodles
- ☐ Rice
- ☐ Quick-cook  
meals
- ☐
- ☐
- ☐

### Snacks & Misc

- ☐ Salt
- ☐ Pepper
- ☐ Oil
- ☐ Cocoa mix
- ☐ Hard candy
- ☐ Gum & mints
- ☐ M&Ms
- ☐ Dark chocolate
- ☐ Chips
- ☐ Salsa
- ☐ Wine
- ☐ Peanut butter
- ☐ Celery
- ☐ Carrots
- ☐ Peas
- ☐ Popcorn &  
popper
- ☐
- ☐